

Culture and health across the lifespan

– a broad and promising field of knowledge

Moderator: Katarina Lindblad

SPEAKERS



Lord Howarth of Newport

Alan Howarth was a member of the House of Commons at Westminster for 22 years. He is now a Labour member of the House of Lords. His responsibilities in the British Government have included schools, higher education, science, employment, equal opportunities, disabled people's rights and the arts. He founded the All-Party Parliamentary Group on Arts, Health and Wellbeing in 2014.



Anna Duberg

Anna Duberg, PhD in health science, is a research supervisor and physiotherapist in child and adolescent psychiatry, Region Örebro County in Sweden. The methodology behind her research on dance for mental health among adolescent girls has been highly requested, so today Anna is also working with national implementation and social innovation at Örebro University.



Per Thorgaard

Per Thorgaard, MD, is a trained anesthesiologist and intensivist within the field of children and neonates. He is presently working at the unit for quality improvement, Aalborg University Hospital, Denmark. Since 1999 he has been engaged in the improvement of patients environment in clinical practice with special focus on sound. Presently he is performing research and networking related to all aspects of sound improvement in in-hospital clinical setting as well as rehabilitation.



Mette L'Orange

Mette L'Orange is professor of colour at the University of Bergen, Faculty of art, music and design and professor II of colour at the Oslo Academy of the Arts, Norway. She is an architect MNAL and a visual artist. She has been a practicing architect at several offices and later leader of the Institute of Spatial Art for 15 years. Today she has her own practice in addition to teaching, with art projects and colour planning for architecture.



Viggo Krüger

Viggo Krüger holds a position as researcher and music therapist at Aleris Care Norway, as well as a position as associate professor II at GAMUT, University of Bergen, Norway. Krüger is chair of NFMT: the Norwegian Association for Music Therapy. He is also chair of the Community Music Therapy Project, "Come Closer". Since 1987 Krüger has been full member of the Norwegian Grammy award winner band Pogo Pops.



Karin Graube, Eva Selin

Librarians Karin Graube and Eva Selin worked together at the library at Queen Silvia's Hospital for Children and Young People 2011-2017. Their project Läsklubb («Reading Club») has been presented at the IFLA Conference in Wrocław, Poland in 2017. Their paper *Reading aloud to children in hospital. Bibliotherapy as a community builder* can be found here: <http://library.ifla.org/1784/>. Graube and Selin will be published in the American journal *Children and Libraries: The Journal of Association of Library Service to Children* this summer.



Pernilla Hugoson

Hugosson is a music therapist MA, PhD student in music therapy at the University of Jyväskylä, Finland and affiliated to Karolinska Institute and Sophiahemmet University, Sweden. Her PhD project concerns how to support and inspire parental singing during kangaroo care. It is an early familycentered music therapy intervention in the neonatal intensive care unit (NICU) with the aim to support language development and foster attachment, bonding and early interaction between the preterm born baby and the parents.



Georg Drakos

George Drakos is an associate professor in ethnology and head of the research company Narrativ Etnografi, Sweden. He focuses on storytelling as a social, cultural and bodily activity. A current pilot project in Stockholm, "Rehabilitation with culture", presents an opportunity for people with ongoing multiple pains to engage in cultural activities. His upcoming book based on research from the project is called *Kompetensen att lyssna* ("The competence of listening") together with Helena Bani-Shoraka and will be released soon.



Kai Lehtikainen

Professor Kai Lehtikainen leads CERADA: Center for Educational Research and Academic Development in the Arts, at the University of Arts, Helsinki, Finland. He is vice director of ArtsEqual Research Initiative and team leader for the research group Arts, Welfare, Health & Care. His recent publications include peer-reviewed articles on cultural rights, well-being and democracy in elderly care, dance and professional knowledge in elderly care and justifying discourses on the arts in care work.



Margret Lepp

Margret Lepp is a registered nurse, RNT, PhD and professor at the Institute of Health and Care Sciences, at the Sahlgrenska Academy, University of Gothenburg, at Østfold University College in Norway and adjunct professor at Griffith University, Australia. She has used drama as a teacher, researcher and consultant involving students, academics, patients, nurses and other healthcare professionals in Australia, Indonesia, Japan, Jordan, Norway and Sweden.



Halldóra Arnardóttir

Halldóra Arnardóttir is an art historian from University of Essex, England and has a PhD from the Bartlett School of Architecture, UCL in London. Since 2008, the project "Art and Culture as Therapy for Alzheimer" has been in the forefront in making connections with scientific investigations in non-pharmacological treatment for Alzheimer and offered new tools for qualitative evaluation both in Spain and in Iceland. (<http://artandcultureastherapy.blogspot.com.es>).



Tanya Mangalanayagam, Georg Stenberg, Viktoria Larsson

Tanja Mangalanayagam, project leader at the Skånes Dansteater and Georg Stenberg, a workshop participant, will describe the work of Skånes Dansteater with Dance for PD®. Since 2016 the Skånes Dansteater has provided workshops in this evidence based method in the form of dance classes for people with Parkinson's disease. It is developed at Mark Morris Dance Group in New York. Victoria Larsson, medicine PhD student in clinical memory research at Lund University, has followed the work of Skånes Dansteater.



Odd Håpnes

Odd Håpnes is the general manager of the Norwegian Resource Center for Arts and Health since its inception in 2014. He also holds a master of musicology, education-in-science and education. Former culture director in Levanger municipality, Norway. He has been the head of the national node for culture and health 2000-2003 and participates in international cooperation and research networks in Arts and Health.

MODERATORS



Katarina Lindblad

Katarina Lindblad is a music therapist MA and PhD student in musicology at Örebro university. During 2012-2014 she was project leader for the development project "Music as a caregiving tool in dementia care", in cooperation with the Swedish Dementia Centre. With a colleague she runs a private practice for music therapy in Stockholm. She has also worked as a freelance presenter of classical music at the Swedish Radio P2/Berwaldhallen since 1991, and as a freelance singer in classical music.



Gunnar Bjursell

Gunnar Bjursell, professor emeritus of molecular biology and coordinator for the program Culture and Brain at the Karolinska Institutet. He has initiated and developed the homepage www.kulturellahjarnan.se, publishing international peer reviewed studies and reports within the area produced by highly ranked universities and institutes. He is also one of the founders of the new research center: Center for culture, cognition and health.



Rebecca Gordon-Nesbitt

Dr. Rebecca Gordon-Nesbitt has conducted research for the inquiry instigated by the All-Party Parliamentary Group on Arts, Health and Wellbeing that culminated in a report launched in both Houses of Parliament in 2017. This work builds upon an evidence base that she compiled around the longitudinal relationship between arts engagement and health as part of the AHRC Cultural Value Project and a book-length study of the cultural policy of the Cuban Revolution.



Gunnel Orselius-Dahl

Gunnel Orselius-Dahl is Chair of the Cultural Committee, Stockholms County Concil and County councillor for the Liberal party, Stockholm, Sweden.



Elvira Brattico

Elvira Brattico, PhD in psychology, is full professor of neuroscience, music and aesthetics at Aarhus University, Denmark and adjunct professor at University of Helsinki. Her main interests cover music-induced neuroplasticity, neuroaesthetics, and individual differences in auditory processing. She leads the Learning team at the Center for Music in the Brain (MIB) in Denmark.



Max Liljefors

Max Liljefors is a professor of art history and visual studies at Lund University, Sweden. His research interests includes the relation between aesthetics and health, the visual cultures of medicine, performance art and bioart. He leads an interdisciplinary research project about art pedagogy for Parkinson's patients.



Erik Sandøy

Erik Sandøy has worked within the public and private sector of child welfare, substance abuse, mental health and eldercare since 1977. Founder and CEO of the child welfare company "Ungplan", acquisitioned by Aleris in 2005. CEO of Aleris Care Norway, a joint division including all care business areas in Aleris Norway, since 2015.



Benny Marcel

Director of the Nordic Culture Fund, based in Copenhagen, Denmark. The Nordic Culture Fund's primary aim is to promote and invest in Nordic cultural cooperation and provide grants to Nordic projects. He has been chairman of the Child Rights Academy in Sweden, advisor to the Ombudsman for Children in Sweden and a member of the Board of the Swedish Inheritance Fund for seven years.